Breastcare

Trulife
BREASTCARE

Julia

I was diagnosed with breast cancer when my daughter was four months old. Having lost my own mother suddenly to cancer when I was five, the news was my worst fears realized. In the span of about 18 months, my body went through extreme changes during pregnancy, breastfeeding, diagnostic screenings, chemo, a bilateral mastectomy and seven weeks of radiation treatments, all while working a full-time job and caring for our newborn baby. I decided to forgo reconstruction to allow my body more time to heal and in the meantime, I found the feeling of being a young woman, mother and wife again with the help of prosthetics and the right mastectomy bra. Both are essential tools in my journey to discover a new self-image as I heal.

Hobbies and Passions: Cooking, baking and all things culinary. Any free chance I get I'm reading a new recipe book, "Bon Appetit" or "Vegetarian Times", experimenting with my own recipes or watching public television cooking shows like "America's Test Kitchen". I love playing outside with my one year old daughter and husband. I love dancing, creating visual art and writing.

Breastcare is where Trulife began 50 years ago and today, it is still at the heart and soul of the company.

Beginning in 1958 Trulife developed what would become the world's first breast prosthesis. We continue to lead through innovation by creating the most natural and beautiful breast forms available, because women deserve the best. This ethos remains at the heart of everything we do at Trulife. We understand the importance of restoring confidence and self-esteem and consequently improving the quality of life for women following breast surgery. We understand because we listen and have been listening for over 50 years.

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Product Availability

Throughout this catalog, product availability is indicated by the icons below:

Available in USA and Canada

Available in UK and Ireland

Note: All breast forms and bra styles are available to international markets.

Jen

I was diagnosed with breast cancer at age 33. Through last year's challenges, I have learned so much about myself and have committed to living my life to its fullest. All of those dreams and wishes I had held onto for so many years, I am now making a part of my reality. This road is not an easy one but I want to inspire and encourage others to show cancer who's boss and to live beyond it. It's possible and I am living proof of that!

Hobbies and Passions: I love photography and freezing special moments in time. My passions are singing, dancing like a fool, and inspiring and helping others.

From the beginning, Trulife successfully created the most natural, life-like breast forms and still does today. We recognize that individual women have individual needs.

After breast surgery, it can be difficult adjusting to the many changes in a woman's life and coming to terms with a new appearance. Trulife has dedicated over fifty years to the development of unique and innovative products; our focus has always been on making this transition a little easier and more comfortable for her.

Trulife breast forms are created in a wide range of shapes and sizes to complement a woman's natural beauty. Trends in surgery type and lifestyle are addressed with such products as partial forms, leisure and swim forms and the availability of Radiant Impressions, our custom breast form.

With the help and expert advice of our dedicated worldwide panel of women, all of whom have had breast surgery, our products are worn and tested at every stage of the development process. This way we are able to offer women the most innovative, comfortable and individual range of breast forms available on the market today.

Breast Form Size Guide (Lightweight)

How to use this Size Guide:

1. Select a cup size and follow the column down to where it intersects with the appropriate bra band size.
2. Follow this row to the right for suggested size by product to try on your patient.

(See example using B34 highlighted below).

Key	
▲	Triangle
●	Oval
♦	Teardrop
♥	Heart-Shaped
	Asymmetrical
◐	Eclipse
○	Light
●	Cocoa

Lightweight								
ITEM NO.	150	151	100	101	102	490	492	494
NAME	Sublime	Sublime Arís	Impres-sions	Impres-sions II	Impres-sions II Encore	BodiCool Triangle	BodiCool Encore Triangle	BodiCool Teardrop
SHAPE	▲	▲	▲	▲	▲	▲	▲	♦
COLOR	○	○	○	○	●	○	●	○
SIZES	4-14	4-12	3-14	4-12	4-12	1-14	1-14	1-14
PAGE NO.	8	9	11	11	11	13	13	13

Size Guide

PROFILE							Shallow to Average	Average	Average to Full	Shallow to Average	Shallow to Average	Average to Full	Average to Full	Shallow to Average
CUP SIZE														
AA	A	B	C	D	DD	DDD/E	▼	▼	▼	▼	▼	▼	▼	▼
BRA BAND SIZE (IN/CM)														
28/60							1	1				1	1	1
30/65	28/60						2	2				2	2	2
32/70	30/65	28/60					3	3				3	3	3
34/75	32/70	30/65	28/60				4	4	3			4	4	4
36/80	34/75	32/70	30/65				5	5	4	4	4	5	5	5
38/85	36/80	34/75	32/70	30/65			6	6	5	5	5	6	6	6
40/90	38/85	36/80	34/75	32/70			7	7	6	6	6	7	7	7
42/95	40/90	38/85	36/80	34/75	32/70		8	8	7	7	7	8	8	8
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46/105	44/100	42/95	40/90	38/85	36/80	34/75	10	10	9	9	9	10	10	10
48/110	46/105	44/100	42/95	40/90	38/85	36/80	11	11	10	10	10	11	11	11
50/115	48/110	46/105	44/100	42/95	40/90	38/85	12	12	11	11	11	12	12	12
52/120	50/115	48/110	46/105	44/100	42/95	40/90	13		12	12	12	13	13	13
	52/120	50/115	48/110	46/105	44/100	42/95	14		13			14	14	14
		52/120	50/115	48/110	46/105	44/100			14					
			52/120	50/115	48/110	46/105								
				52/120	50/115	48/110								

Profiles Defined:

Shallow: Breast tissue drapes in the lower cup of the bra, often seen on the mature woman with soft breast tissue.
Average: Equal amounts of breast tissue on the top and bottom of the breast with a more round appearance in upper cup.
Full: The most round appearance, requiring a form with a strong projection to fill the upper and lower part of the cup.

495	496	471	473	483	477	476	475	478	481	480	472	482
BodiCool Wave Triangle	BodiCool Wave Teardrop	Silk Triangle	Silk Teardrop	Silk Encore Triangle	Silk Flex	Silk Connect	Silk A Supreme	Silk Xtend	Silk Ultima	Silk Allure	Silk Triangle Plus	Silk Xtend Plus
▲	♦	▲	♦	▲	❤	▲			▲	⬬	▲	
○	○	○	○	●	○	○	○	○	○	○	○	○
1-14	1-14	1-17	1-14	1-17	1-14	1-10	1-14 L/R	1-14 L/R	1-14	1-14	1-17	1-14 L/R
14	14	15	15	16	16	16	17	17	17	18	18	18
Average to Full	Shallow to Average	Shallow to Average	Shallow to Average	Shallow to Average	Average to Full	Shallow to Average	Average to Full	Shallow to Average	Full	Average to Full	Average to Full	Full
▼	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼	▼
1	1	1	1	1	1	1	1	1	1		1	
2	2	2	2	2	2	2	2	2	2	1	2	1
3	3	3	3	3	3	3	3	3	3	2	3	2
4	4	4	4	4	4	4	4	4	4	3	4	3
5	5	5	5	5	5	5	5	5	5	4	5	4
6	6	6	6	6	6	6	6	6	6	5	6	5
7	7	7	7	7	7	7	7	7	7	6	7	6
8	8	8	8	8	8	8	8	8	8	7	8	7
9	9	9	9	9	9	9	9	9	9	8	9	8
10	10	10	10	10	10	10	10	10	10	9	10	9
11	11	11	11	11	11		11	11	11	10	11	10
12	12	12	12	12	12		12	12	12	11	12	11
13	13	13	13	13	13		13	13	13	12	13	12
14	14	14	14	14	14		14	14	14	13	14	13
		15		15						14	15	14
		16		16							16	
		17		17							17	

Sublime

The most comfortable and natural breast form ever.

Trulife has combined the best features of all our breast forms and created Sublime. Innovation at its finest! Sublime offers softness and movement similar to natural breast tissue, beautiful shape and durability. A super soft mid layer is the secret to this 100% natural silicone breast form.

Discreet integrated nipple and areola adds a feminine look

Incredibly soft triple layer design provides natural feel and movement

Finely tapered edges provide a seamless, intimate fit

Advanced fan shaped design ensures coolness and breathability

150 | Sublime

Shape: Triangle
Profile: Shallow to Average
Sizes: 4-14

- Lightweight and cool
- 100% silicone. Can be worn directly against the chest wall
- Natural Skin-like feel
- Includes a COOLMAX® breast form cover

Sublime Arís

Coming Soon! *Sublime Arís. An exceptional new addition to Sublime.*

Our lightest ever breast form in 100% natural silicone, Sublime Arís sets a new standard of comfort and natural feel. This form features an enhanced soft feel and shape for an intimate fit and a delicate bow design on the back.

New back design featuring a feminine Sublime bow

Thinner front skin for an even softer and more natural feel

Fuller projection with smaller base for an intimate fit

Subtle, hand engraved integrated nipple and areola

151 | Sublime Arís

Shape: Triangle
Profile: Average
Sizes: 4-12

- Lightweight and cool
- 100% silicone. Can be worn directly against the chest wall
- Natural skin-like feel
- Includes a COOLMAX® breast form cover

Impressions

We understand because we listen.

And have been for over 50 years.

The most natural look and feel imaginable

Integrated nipple and areola enhances and restores femininity

Honeycomb core ensures optimum breathability

Natural contours provide an intimate fit

This revolutionary collection of breast forms is made using 100% pure silicone and features a honeycomb core which ensures optimum breathability. The pure silicone design with tapered edges allows these breast forms to be worn directly against the skin for the most intimate fit. The discreet integrated nipple and areola enhances and restores femininity. Created for individuality and as beautiful as the woman who wears it.

Each Impressions breast form includes a COOLMAX® breast form cover.

100 | Impressions

Shape: Triangle
Profile: Average to Full
Sizes: 3-14

- 100% pure silicone
- Tapered edges for secure fit
- Recommended for use with bilateral surgery

101 | Impressions II

Shape: Triangle
Profile: Shallow to Average
Sizes: 4-12

- 100% pure silicone
- Improved honeycomb design for enhanced breathability
- Features a shallow profile based on the world's #1 selling breast form, Trulife's 471 Silk Triangle

102 | Impressions II Encore

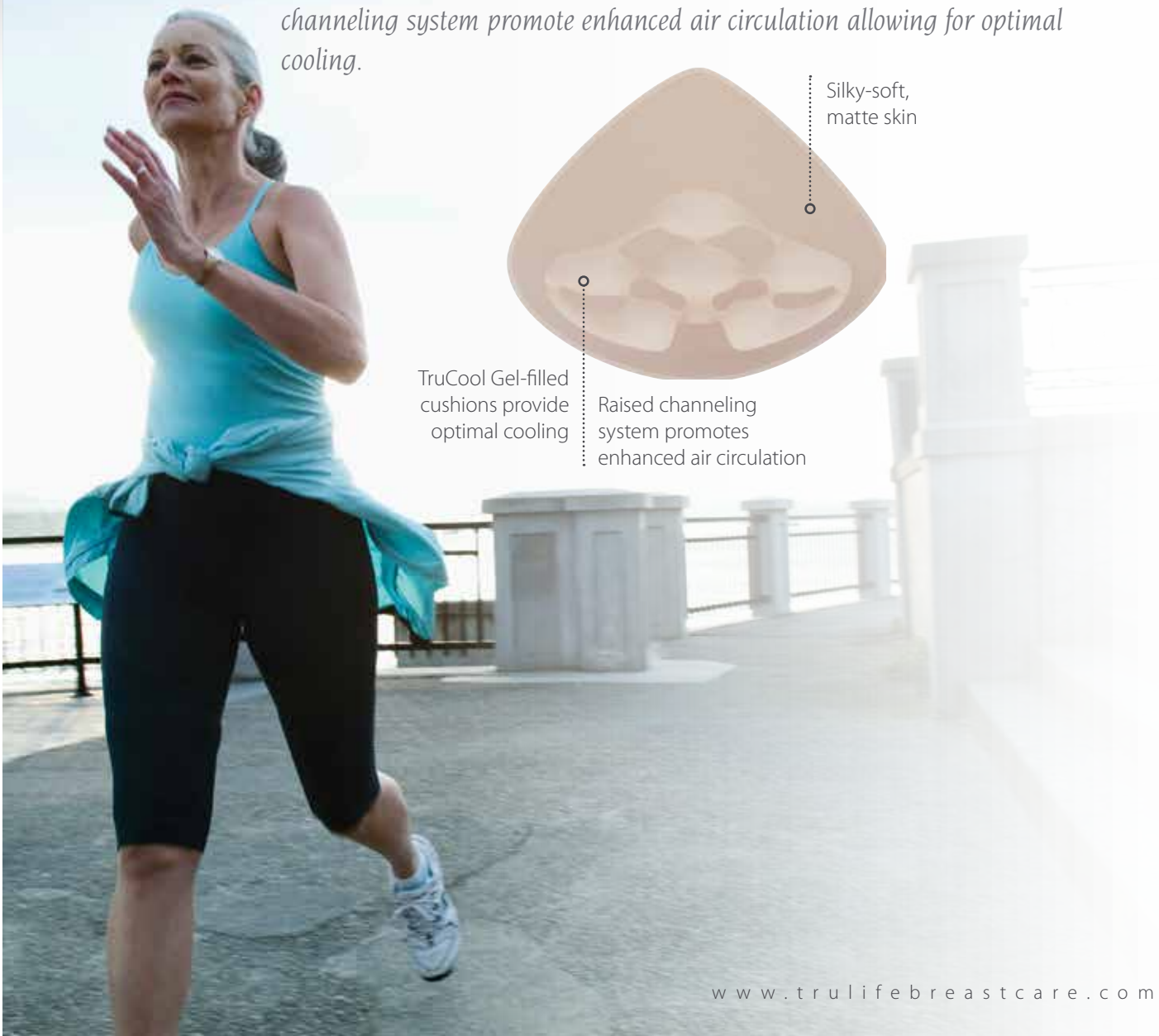
Shape: Triangle
Profile: Shallow to Average
Sizes: 4-12

- 100% pure silicone in Cocoa color
- Natural grip prevents shifting in bra
- Features a shallow profile based on the world's #1 selling breast form, Trulife's 471 Silk Triangle

BodiCool

BodiCool and BodiCool Wave breast forms are made for the woman who prefers the feel of a lightweight blended silicone but has a concern for heat.

These breast forms integrate an innovative system of TruCool Gel, a Trulife proprietary silicone blend that uses an advanced cooling technology. BodiCool breast forms provide a constant cooling effect by continuously drawing excess heat away from the body. Raised contact points of the channeling system promote enhanced air circulation allowing for optimal cooling.



490 | BodiCool Triangle

Shape: Triangle
Profile: Average to Full
Sizes: 1-14

- Cooling properties regenerate themselves once the breast form is removed from the chest wall
- Fits well with both underwire and softcup bras
- Includes a COOLMAX® breast form cover

492 | BodiCool Encore Triangle

Shape: Triangle
Profile: Average to Full
Sizes: 1-14

- Cocoa color
- Fits well with both underwire and softcup bras
- Includes a COOLMAX® breast form cover

494 | BodiCool Teardrop

Shape: Teardrop
Profile: Shallow to Average
Sizes: 1-14

- Versatile teardrop shape tapers at top extension
- Can be positioned in any direction for optimal fit
- Includes a COOLMAX® breast form cover

BodiCool Wave

Trulife changed the definition of cool and comfortable with BodiCool. These benefits are further enhanced with the innovative BodiCool Wave design. Full coverage of soft TruCool Gel provides maximum contact and delivers an advanced cooling effect while WAVE technology promotes air circulation between the chest wall and breast form.

495 | BodiCool Wave Triangle

Shape: Triangle
Profile: Average to Full
Sizes: 1-14

- Cooling properties regenerate themselves once the breast form is removed from the chest wall
- Versatile triangle shape fits a variety of body and surgery types
- Includes COOLMAX® breast form cover

496 | BodiCool Wave Teardrop

Shape: Teardrop
Profile: Shallow to Average
Sizes: 1-14

- Versatile teardrop shape tapers at top extension
- Can be positioned in any direction for optimal fit
- Includes COOLMAX® breast form cover

Silk

Silk defines what a breast form should be; soft and natural. The innovative skin is silky-soft and offers unparalleled softness and suppleness. All Silk breast forms offer a natural drape not found with other breast forms and are made from the highest quality of silicone and skin for lasting comfort and softness.

Trulife's Silk collection offers the largest selection of shapes and sizes available on the market. 30% lighter than traditional silicone breast forms.

471 | Silk Triangle

Shape: Triangle
Profile: Shallow to Average
Sizes: 1-17

- #1 selling breast form in the world
- Versatile triangle shape fits a variety of body and surgery types
- Includes a cotton breast form cover

473 | Silk Teardrop

Shape: Teardrop
Profile: Shallow to Average
Sizes: 1-14

- Versatile teardrop shape tapers at top extension
- Can be positioned in any direction for optimal fit
- Includes a cotton breast form cover

483 | Silk Encore Triangle

Shape: Triangle
Profile: Shallow to Average
Sizes: 1-17

- Cocoa color
- Versatile triangle shape fits a variety of body and surgery types
- Includes a cotton breast form cover

477 | Silk Flex

Shape: Heart
Profile: Average to Full
Sizes: 1-14

- Versatile heart shape can be positioned in any direction for optimal fit
- Fits well with underwire bras
- Includes a cotton breast form cover

476 | Silk Connect

Shape: Triangle
Profile: Shallow to Average
Sizes: 1-10

- Can be worn attached to chest wall or unattached with protective back in place
- Non-adhesive center for easy removal and fuller projection
- Integrated mesh fabric layer for improved durability
- Includes a cotton breast form cover

475 | Silk A Supreme

Shape: Asymmetrical
Profile: Average to Full
Sizes: 1-14 L/R

- Asymmetrical shape replaces tissue at upper chest and underarm
- Concave back accommodates excess tissue
- Recommended for use with bilateral or extensive surgery
- Includes a cotton breast form cover

478 | Silk Xtend

Shape: Asymmetrical
Profile: Shallow to Average
Sizes: 1-14 L/R

- Asymmetrical shape replaces tissue at upper chest and underarm
- Concave back accommodates excess tissue
- Recommended for use with bilateral or extensive surgery
- Includes a cotton breast form cover

481 | Silk Ultima Triangle

Shape: Triangle
Profile: Full
Sizes: 1-14

- Versatile triangle shape fits a variety of body and surgery types
- Fits well with both underwire and softcup bras
- Includes a cotton breast form cover

Lightweight

480 | Silk Allure

Shape: Oval
Profile: Average to Full
Sizes: 1-14

- Symmetrical shape offers a natural, full profile
- Fits well with both underwire and softcup bras
- Recommended for use with bilateral surgery
- Includes a cotton breast form cover

472 | Silk Triangle Plus

Shape: Triangle
Profile: Average to Full
Sizes: 1-17

- Versatile triangle shape fits a variety of body and surgery types
- Fits well with both underwire and softcup bras
- Conformable back provides additional fullness and projection
- Includes a cotton breast form cover

482 | Silk Xtend Plus

Shape: Asymmetrical
Profile: Full
Sizes: 1-14 L/R

- Asymmetrical shape replaces tissue at upper chest and underarm
- Recommended for use with bilateral or extensive surgery
- Conformable back provides additional fullness and projection
- Includes a cotton breast form cover

Misty

I have gained an entire sisterhood of friends and fellow survivors, as well as increased awareness, perspective, compassion and opportunities to help others. It's breast cancer, so it's easy to see the downside but overall, I consider the experience a blessing and simply part of my journey in this life. I do not own cancer, but I kicked it out and I accept the healing and learning it has offered as part of who I am. The fight was never against cancer; the fight is for me and for life.

Hobbies and Passions: My passions include my family, problem solving, creativity, health (mind/body/spirit) and helping others. I consider myself an artist at heart. I love to fix, make and repurpose/revamp things… lots of trash-to-treasure projects! I also love music, dance, movies of all genres and laughing.

Breast Form Size Guide (Continued)

How to use this Size Guide:

1. Select a cup size and follow the column down to where it intersects with the appropriate bra band size.
2. Follow this row to the right for suggested size by product to try on your patient.

(See example using B34 highlighted below).

Key	
▲	Triangle
●	Oval
▲	Teardrop
♥	Heart-Shaped
	Asymmetrical
◐	Eclipse
○	Light
●	Cocoa

	Traditional					Swim & Activity		
ITEM NO.	571	509 (344)	503 (333)	508 (633)	528 (733)	630	640 (922)	641
NAME	Bella	E Supreme	A Supreme	Symphony	Symphony Encore	ActiveFlow	Calypso	Tropez
SHAPE	▲	▲		▲	▲	▲	♥	▲
COLOR	○	○	○	○	●	○	○	○
SIZES	3-14	1-17	1-14 L/R	1-14	3-14	1-14	1-14	1-14
PAGE NO.	22	22	22	23	23	24	24	24
Size Guide								
PROFILE	Shallow to Average	Average to Full	Average to Full	Average to Full	Average to Full	N/A	N/A	N/A

CUP SIZE														
AA	A	B	C	D	DD	DDD/E	▼	▼	▼	▼	▼	▼	▼	▼
BRA BAND SIZE (IN/CM)														
28/60								1	1			1		
30/65	28/60							2	2	1	1	2	1	1
32/70	30/65	28/60					3	3	3	2	2	3	2	2
34/75	32/70	30/65	28/60				4	4	4	3	3	4	3	3
36/80	34/75	32/70	30/65				5	5	5	4	4	5	4	4
38/85	36/80	34/75	32/70	30/65			6	6	6	5	5	6	5	5
40/90	38/85	36/80	34/75	32/70			7	7	7	6	6	7	6	6
42/95	40/90	38/85	36/80	34/75	32/70		8	8	8	7	7	8	7	7
44/100	42/95	40/90	38/85	36/80	34/75		9	9	9	8	8	9	8	8
46/105	44/100	42/95	40/90	38/85	36/80	34/75	10	10	10	9	9	10	9	9
48/110	46/105	44/100	42/95	40/90	38/85	36/80	11	11	11	10	10	11	10	10
50/115	48/110	46/105	44/100	42/95	40/90	38/85	12	12	12	11	11	12	11	11
52/120	50/115	48/110	46/105	44/100	42/95	40/90	13	13	13	12	12	13	12	12
	52/120	50/115	48/110	46/105	44/100	42/95	14	14	14	13	13	14	13	13
		52/120	50/115	48/110	46/105	44/100		15		14	14		14	14
			52/120	50/115	48/110	46/105		16						
				52/120	50/115	48/110		17						

Specialty Collection												
Leisure/Post-Surgery				Partial							RI	
611	615	616	607	110	111	534	533	531 (355)	543	545	599S	605
Tri-Leisure	Feather-weight	Tri-Feather-weight	First Fit	Impressions Shell Triangle	Impressions Shell Encore Triangle	BodiCool Partial Triangle	Triangle Partial	Teardrop Partial	Eclipse Plus Partial	Triangle Plus Partial	Radiant Impressions	Semi-Custom Nipple
▲	●	▲	▲	▲	▲	▲	▲	●	◐	▲	Custom	N/A
○	○	○	○	○	●	○	○	○	○	○	36 Skin Tones	3 Skin Tones
3-14	1-14	1-14	3-12	S, M, L, XL	S, M, L, XL	1-11	3-9	1-11	S, M, L	3-9	Custom	S, M, L
26	26	26	27	28	28	28	29	29	29	29	31	31
N/A	N/A	N/A	N/A									
▼	▼	▼	▼									
1	1											
2	2											
3	3	3	3									
4	4	4	4									
5	5	5	5									
6	6	6	6									
7	7	7	7									
8	8	8	8									
9	9	9	9									
10	10	10	10									
11	11	11	11									
12	12	12	12									
13	13	13										
14	14	14										

Profiles Defined:

Shallow: Breast tissue drapes in the lower cup of the bra, often seen on the mature woman with soft breast tissue.

Average: Equal amounts of breast tissue on the top and bottom of the breast with a more round appearance in upper cup.

Full: The most round appearance, requiring a form with a strong projection to fill the upper and lower part of the cup.

Traditional

Traditional breast forms drape and move like natural breast tissue. They provide an ideal weight balance for many women. The translucent color adapts to natural skin tone. The soft film and variety of shapes make traditional silicone a good option for many women.

571 | **Bella**

Shape: Triangle
Profile: Shallow to Average
Sizes: 3-14

- Translucent color
- Versatile triangle shape fits a variety of body and surgery types
- Includes a cotton breast form cover

509 (344) | **E Supreme**

Shape: Teardrop
Profile: Average to Full
Sizes: 1-17

- Translucent color
- Versatile teardrop shape tapers at top extension
- Can be positioned in any direction for optimal fit
- Includes a cotton breast form cover

503 (333) | **A Supreme**

Shape: Asymmetrical
Profile: Average to Full
Sizes: 1-14 L/R

- Asymmetrical shape replaces tissue at upper chest and underarm
- Concave back accommodates excess tissue
- Recommended for use with bilateral or extensive surgery
- Includes a cotton breast form cover

508 (633) | **Symphony**

Shape: Triangle
Profile: Average to Full
Sizes:1-14

- Versatile triangle shape fits a variety of body and surgery types
- Fits well with both underwire and softcup bras
- Includes a cotton breast form cover

528 (733) | **Symphony Encore**

Shape: Triangle
Profile: Average to Full
Sizes: 3-14

- Cocoa color
- Versatile triangle shape fits a variety of body and surgery types
- Fits well with both underwire and softcup bras
- Includes a cotton breast form cover

Swim & Activity

Trulife swim forms are ideal for all water activities. They retain their shape in and out of water. Can be used in chlorinated and salt water.

ActiveFlow is the newest concept in active lifestyle breast form design. The perfect combination of beads and molded spacer fabric provide a flattering, natural profile, whether active or lying down.

630 | ActiveFlow

Shape: Triangle
Sizes: 3-14

- Popular for all activities including swimming and jogging
- Lightweight monoprene beads do not absorb water and dry quickly
- The beads also move and flatten when sun-bathing

640 (922) | Calypso

Shape: Heart Shaped
Sizes: 1-14

- Firm translucent heart-shape can be positioned in any direction for optimal fit
- Concave back allows for buoyancy, water flow and shape retention

641 | Tropez

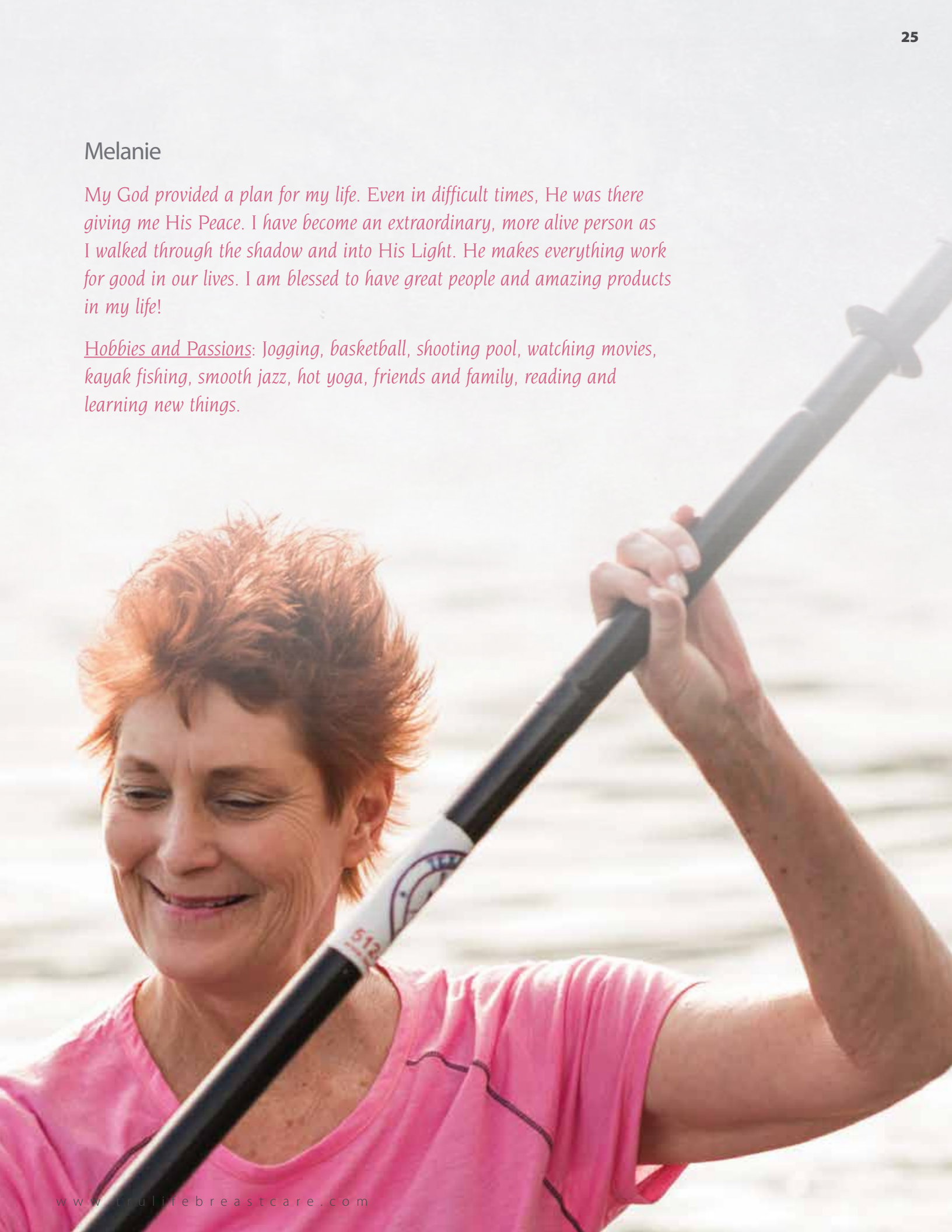
Shape: Triangle
Sizes: 1-14

- Firm translucent triangle shape fits a variety of body and surgery types
- Concave back allows for buoyancy, water flow and shape retention

Melanie

My God provided a plan for my life. Even in difficult times, He was there giving me His Peace. I have become an extraordinary, more alive person as I walked through the shadow and into His Light. He makes everything work for good in our lives. I am blessed to have great people and amazing products in my life!

Hobbies and Passions: Jogging, basketball, shooting pool, watching movies, kayak fishing, smooth jazz, hot yoga, friends and family, reading and learning new things.



Leisure & Post-Surgery

Ideal collection of soft, lightweight foam breast forms for post-surgery, leisure and moderate activities. Each form features a removable cotton cover for ease of washing.

611 | Tri-Leisure

Shape: Triangle
Sizes: 1-14

- Triangle shape fits a variety of body and surgery types
- Inner weighted core provides minimal weight
- Recommended for leisure wear

615 | Featherweight

Shape: Teardrop
Sizes: 1-14

- Versatile teardrop shape tapers at top extension
- Soft, non-weighted foam
- Recommended for post-surgery

616 | Tri-Featherweight

Shape: Triangle
Sizes: 1-14

- Triangle shape fits a variety of body and surgery types
- Soft, non-weighted foam
- Recommended for post-surgery

FirstFit

A soft and lightweight adjustable triangular form with a moisture-wicking back for post-surgery and leisure wear.

607 | FirstFit

Shape: Triangle
Sizes: 3-12

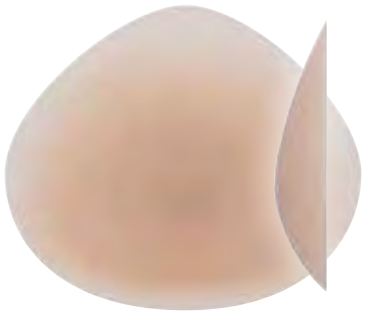
- Seamless molded front with a breathable and moisture-wicking COOLMAX® back
- 100% hypoallergenic polyester fluff
- Easily adjusted to any fullness required
- Extra fiberfill included for customized adjustment

- *Its triangular shape fits a variety of body and surgery types*
- *Ideal for use after breast surgery, between radiation therapy sessions, for leisure wear or due to lymphedema or skin sensitivity*
- *Fullness is easily adjusted by adding or removing fiberfill through the back opening*
- *Seamless molded front for a smooth and flattering silhouette*
- *Soft non-weighted fiberfill keeps the sensitive area free from pressure to optimize comfort*
- *Soft and moisture-wicking COOLMAX® fabric on the back offers breathability and moisture management to keep the skin cool and comfortable*

Does not contain natural rubber latex; Hypoallergenic

Partial

Trulife offers a complete line of soft partial silicone breast forms designed to provide the lightest and most natural symmetry following post-lumpectomy, post-reconstruction and enhancement of underdeveloped breasts. All partial breast forms feature tapered edges to ensure a flawless, smooth profile under clothing.



110 | Impressions Shell Triangle

Shape: Triangle
Sizes: S, M, L, XL

- 100% pure silicone
- Integrated areola and nipple enhances and restores femininity
- Thin natural tapering blends seamlessly creating an intimate fit
- Versatility of wearing with or without a pocketed bra

111 | Impressions Shell Triangle Encore

Shape: Triangle
Sizes: S, M, L, XL

- 100% pure silicone
- Cocoa color
- Thin natural tapering blends seamlessly creating an intimate fit
- Versatility of wearing with or without a pocketed bra

534 | BodiCool Partial Triangle

Shape: Triangle
Sizes: 1-11

- Triangle shape offers thin, overall coverage
- TruCool Gel features advanced cooling comfort
- Translucent silicone will accommodate a variety of skin tones
- Versatility of wearing with or without a pocketed bra

533 | Triangle Partial

Shape: Triangle
Sizes: 3-9

- Triangle shape offers thin, overall coverage
- Soft silicone with an exterior silky-soft skin
- Recommended for post-reconstruction or post-lumpectomy

531 (355) | Teardrop Partial

Shape: Teardrop
Sizes: 1-11

- Teardrop shape offers thin, overall coverage
- Soft silicone with an exterior silky-soft skin
- Recommended for post-reconstruction or post-lumpectomy

543 | Eclipse Plus Partial

Shape: Eclipse
Sizes: S, M, L

- Soft silicone with exterior silky-soft skin
- Moderate and partial coverage for a seamless look
- Conformable back provides additional fullness and projection
- Recommended for post-lumpectomy

545 | Triangle Plus Partial

Shape: Triangle
Sizes: 3-9

- Soft silicone with exterior silky-soft skin
- Moderate and partial coverage for a seamless look
- Conformable back provides additional fullness and projection
- Recommended for post-reconstruction or post-lumpectomy

Radiant Impressions

Trulife is the longtime quality leader in crafting a handmade custom breast prosthesis. We have over two decades of experience creating the most realistic custom breast prosthesis for women as an alternative to reconstruction, an answer to failed reconstruction, and as a beautiful prosthetic option for all women who have had breast surgery.

- *Custom made to a woman's unique contour, shape and profile*
- *May help restore a sense of wholeness and confidence*
- *Enhanced softness to match natural breast tissue*

Radiant Impressions

With the use of a laser scanner, a 3D image is quickly created and easily sent to the Radiant Impressions Production Studio in Michigan, where Artisans hand-craft a beautiful custom breast prosthesis that is unique to the surgery site, skin tone, color and characteristics such as freckles and nipple.

Contact Trulife for information on Radiant Impressions Scan Events and/or becoming a Radiant Impressions Scan Retailer.

Visit www.radiantimpressions.com to learn more!

599S | Radiant Impressions

Custom Breast Prosthesis and Overlays/Partials

- 100% pure silicone
- Lightweight and comfortable
- 36+ skin tone colors
- Customized to fit only her chest wall
- Shape matches the remaining breast lifted in a bra; bilaterals can select size from off the shelf breast form fitting
- Custom nipple/areola
- Overlays, ideal for reconstructed surgery

605 | Semi-Custom Nipple

- Choice of three sizes, colors, and projections

Val

I was diagnosed with Invasive Ductal Carcinoma in 2011. That same day, I slipped on my sneakers and headed for the gym, where I put in a solid sweat on the Stairmaster and formulated a plan. I filmed an announcement later that night and posted it on Facebook. In that impromptu video session my superhero alter ego, Victorious Val, was born.

A lumpectomy, lymph node dissection, 36 rounds of radiation, and a year of hormonal drug treatment behind me, I'm now managing lymphedema in my right arm. Following treatment, I joined the C4YW and LBBC breast cancer blogs as a recurring writer and my first published poem was featured in "Coping With Cancer" magazine. My story "Victorious Val" appears in "Chicken Soup for the Soul: from Lemons to Lemonade". Additionally, I founded the Facebook page "Victorious Val & the Breast Cancer Crusaders", which, currently with 4,000 followers, offers encouragement to survivors, co-survivors and supporters.

Hobbies and Passions: I love weightlifting, mountain biking, fishing, singing and playing guitar. Currently, I'm preparing for my first bikini fitness show.

Trulife bras offer women everyday confidence and comfort, fashionable choices and supportive styles for a variety of lifestyles.

Our bras are hand crafted in North America using quality fabrics and components that are inspected to meet Trulife's rigorous specifications. Each bra is carefully sewn by highly skilled workers, followed by a thorough inspection before being packaged for delivery.

All Trulife bras feature pockets on both sides made from breathable soft mesh or COOLMAX® fabric.

The Trulife bra style range offers: super-soft post-surgery bras and camisoles, comfortable and secure everyday bras, and COOLMAX® pocketed activity bras. Other special features include one or several of the following: beautiful embroidery, padded shoulder straps, delicate lace trim, front-closure styling and supportive underwire.

There are four distinct bra categories: ***Perfectly Seamless, Stylish Fit, Shaped Support*** *and* ***Living Well****. Many options are available to find you the ideal fit you deserve!*

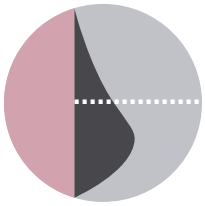
See the wide product selection that Trulife has to offer to fulfill women's most personal and unique needs.

Achieving the Perfect Fit

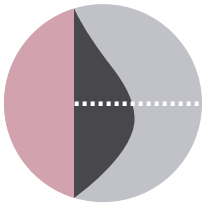
When fitting a bra, there are three distinct shapes that describe the wearer's profile: shallow, average and full.

The type of profile is not dependent on cup capacity. For example a woman who wears a 'D' cup can have a shallow profile, just as a woman who wears an 'A' cup can have a full profile.

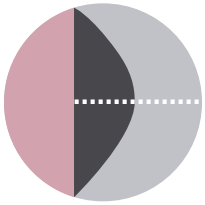
Below is a guide to help demonstrate the different profile types:



Shallow
The breast tissue drapes in the lower cup of the bra and is often seen on the mature woman with soft breast tissue. The shallow profile woman requires a bra with a large bottom cup and small upper cup.



Average
There is an equal amount of breast tissue on the top and bottom of the breast, with a more round appearance in the upper cup area. The average profile woman usually has firm breast tissue and a round profile.



Full
Producing the most round appearance, the full profile woman requires a bra that provides not only bottom cup support but also support and coverage for the upper part of the breast. The full profile can also be broad without much projection, needing a bra that provides containment such as M-frame styles that separate as well as support.

The bras appearing on the following pages come with a suggested profile fit. Knowing your customer's profile and the best Trulife bras for each profile can provide a personalized, efficient and rewarding fitting experience.

Additionally, each Trulife bra featured in this catalog specifies innovative design features and benefits, for example COOLMAX®, and other performance enhancing materials.

LYCRA® *and* COOLMAX® *are trademarks of* INVISTA.

Bra Measurement Guide

Finding the perfect bra is essential for a woman to look and feel her best. It's important to choose a bra style that will adequately support the weight of the breast form and hold it securely against the body.

The following guidelines on measuring for bra size are only a suggested technique and starting point. Taking time to find the correct size will ensure a comfortable fit. Keep in mind that body changes due to weight gain or loss, can also change the bra size. Measurements should be checked again within six months to a year.

Bra Band Measurement

Measure under the remaining breast from center of sternum to center of spine; double the number, then add 5. (Example: 15.5" x 2 + 5 = 36"). If you end up with an odd number, round ***down*** to the nearest even number.

Cup Measurement

Measure over the most projected part of the remaining breast from center of sternum to center of spine; double the number.

Bra Size

Determine the difference between the cup measurement and band measurement and refer to chart below:

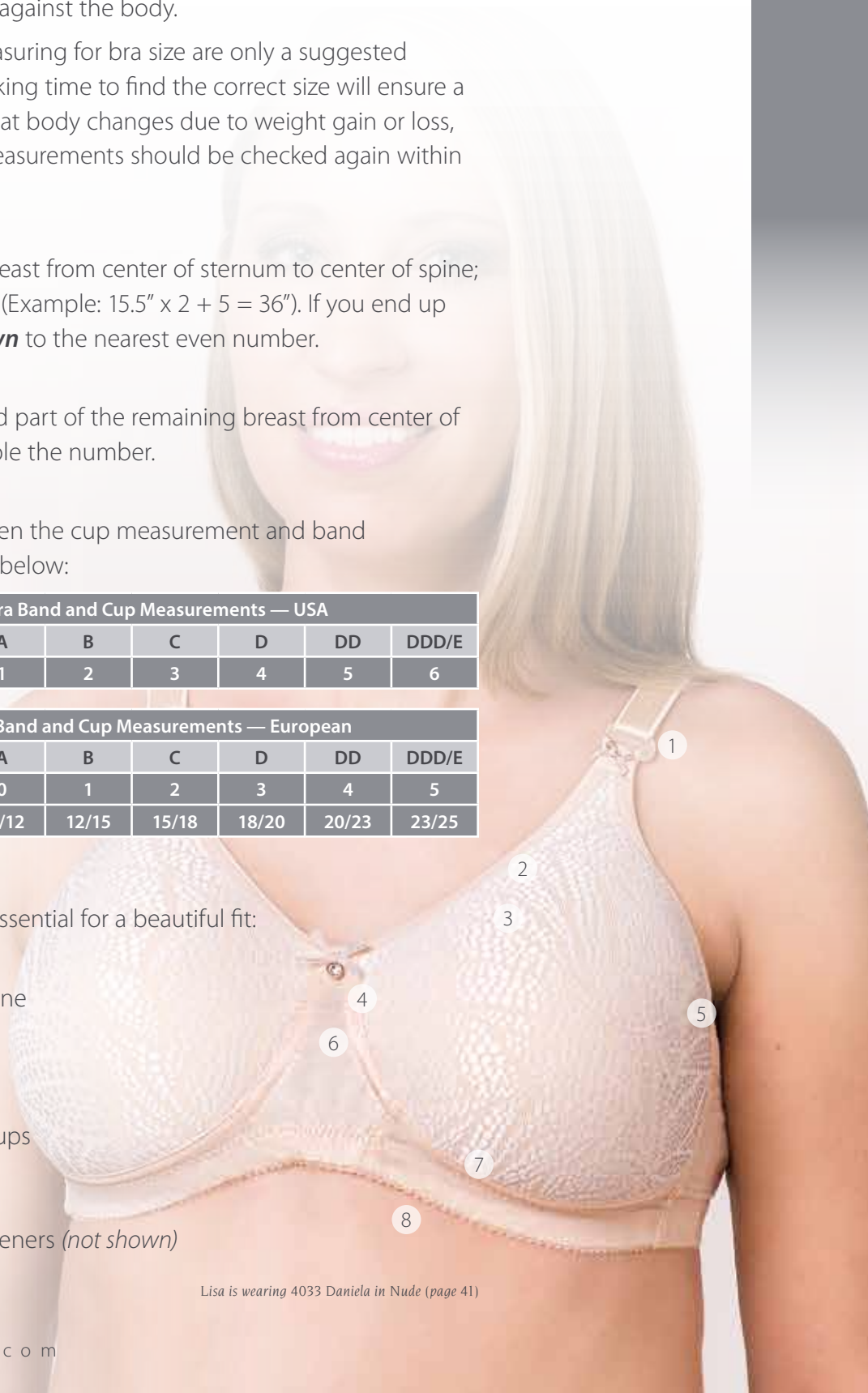
Difference between Bra Band and Cup Measurements — USA							
Cup Size	AA	A	B	C	D	DD	DDD/E
Difference (Inches)	0	1	2	3	4	5	6

Difference between Bra Band and Cup Measurements — European							
Cup Size	AA	A	B	C	D	DD	DDD/E
Difference (Inches)	-1	0	1	2	3	4	5
Difference (CM)	8/10	10/12	12/15	15/18	18/20	20/23	23/25

Trulife Bra Features

All Trulife bras provide features essential for a beautiful fit:

1. Adjustable shoulder straps
2. Elastic binding around neckline
3. Full cup coverage
4. High center front fabric
5. Generous underarm support
6. Good separation between cups
7. Soft breathable pockets
8. Supportive underband
9. Two or more hook & eye fasteners *(not shown)*



Lisa is wearing 4033 Daniela in Nude (page 41)

Lisa

Embrace surviving! I look at my journey with breast cancer as a rebirth. It's not easy all of the time, but one thing I have learned is to live my life the way that makes me happy. Never be afraid to lean on others when you need help. You are worth it!

Hobbies and Passions: My hobbies include traveling, reading, spending time with family and friends, and cooking. One of my biggest passions is working with people with disabilities. I'm also passionate about remaining active in the breast cancer survivor community. Lastly, I love to try new experiences.

Trulife Bras at a Glance

Key

○	Softcup
◡	Underwire
S	Shallow to Average
A	Average
F	Average to Full
〰	Elastic
R	Rigid
○	White
●	Black
●	Latte
●	Nude
●	Ivory
●	Sandstone
●	Amethyst
●	Chocolate
●	Powder Pink
●	Midnight Blue
●	Gray

Perfectly Seamless

ITEM NO.	4014	4028	4010	4029	4018	4013	4033	273	4008	4009	4002
NAME	Ella	Amelia	Christina	Leah	Phoebe	Alexandra	Daniela	Olivia	Audrey	Lana	Lily
STYLE	○	○	○	○	○	○	○	○	◡	◡	◡
PROFILE	S	S	S	S	S	A	A	F	S	F	F
STRAPS	R	〰	〰	R	〰	〰	〰	〰	〰	R	R
COLORS	○● ●	○● ●	○●	○●	○●	○● ● ●●	○● ●	○● ●	○● ●	○● ●	○● ●●
32 in / 70 cm		B-C	AA-C	A-B					C		
34 in / 75 cm	A-D	A-D	AA-D	AA-D	A-D	A-DD	A-DD	A-D	B-DD	B-DD	A-D
36 in / 80 cm	A-D	A-D	AA-D	AA-D	A-D	A-DD	A-DD	A-D	B-DD	B-DD	A-D
38 in / 85 cm	A-D	A-D	AA-D	AA-D	A-D	A-DD	A-DD	A-D	B-DD	B-DD	A-D
40 in / 90 cm	A-D	A-D	AA-D	A-C	A-D	A-D	A-D	A-C	B-DD	B-DD	A-C
42 in / 95 cm		B				A-C	A-C		B-DD	B-DD	
44 in / 100 cm						B	B			B-D	
PAGE	38	38	39	39	40	40	41	42	42	43	43

Stylish Fit / Shaped Support / Living Well

ITEM NO.	210*	4019	4015	410	412	212	202	297	190	420	290	331	330	327	603
NAME	Barbara	Jessica	Gabriella	Katrina	Linda	Bethany	Mandy	Rose	Irene	Kate	Isabel	Sara	Sophia	Charlotte	Jennifer
STYLE	○	○	○	○	○	○	○	○	○	○	○	○	○	○	Camisole
PROFILE	S	S	S	S	S	S	F	F	F	F	F	N/A	N/A	N/A	N/A
STRAPS	〰	〰	〰	〰	R	R	〰	〰	〰	R	〰	R	R	〰	Camisole
COLORS	○● ●● ●● ●	○● ●● ●	○●	○●	○●	○●	○●	○●	○● ●	○●	○●	○	○● ●	○●	○● ●
32 in / 70 cm	A-B													A/B, C/D	
34 in / 75 cm	A-DDD/E	A-D	A-D	AA-D	A-D	B-DD		B-C	A-D	A-DD	B-D	A/B, C/D	A/B, C/D	A/B, C/D	
36 in / 80 cm	A-DDD/E	A-DDD/E	A-DDD/E	AA-D	A-D	B-DD	A-DD	B-DDD/E	A-DD	A-DD	B-DD	A/B, C/D	A/B, C/D	A/B, C/D	
38 in / 85 cm	A-DDD/E	A-DDD/E	A-DDD/E	AA-D	A-D	B-DD	A-DD	B-DDD/E	A-DD	A-DDD/E	B-DD	A/B, C/D	A/B, C/D	A/B, C/D	
40 in / 90 cm	A-DDD/E	A-DDD/E	A-DDD/E	A-D	A-C	B-DD	B-DD	B-DDD/E	B-DD	A-DDD/E	B-DD	A/B, C/D	A/B, C/D	A/B, C/D	
42 in / 95 cm	A-DDD/E	A-DDD/E	A-DDD/E	A-D	A-C	B-DD	B-DD	B-DDD/E	B-DD	B-DDD/E	B-DD	A/B, C/D	A/B, C/D	A/B, C/D	
44 in / 100 cm	B-DDD/E	B-DDD/E	B-DDD/E	B-D	B-C	C-DD	C-DD	C-DDD/E	C-DD	B-DDD/E	C-DD	A/B, C/D	A/B, C/D	A/B, C/D	
46 in / 105 cm	B-DDD/E	C-DDD/E	C-DDD/E				C-DD	C-DDD/E	C-DD	D-DDD/E	C-DD			A/B, C/D	
48 in / 110 cm	B-DDD/E	C-DD	C-DD				D-DD	D-DDD/E	D	D-DD	D-DD				
50 in / 115 cm	B-D														
52 in / 132 cm	B-D														
PAGE	44	45	45	46	46	47	47	48	48	49	49	50	50	51	51

Barbara 210 bra sizes 46-48B, 48DDD, 50-52B, 50-52C, 50-52D not available in fashion colors.

Perfectly Seamless

4014 | Ella

Style: Softcup
Profile: Shallow to Average
Colors: White, Black, Latte

CUP	A	B	C	D
IN	34-40	34-40	34-40	34-40
CM	75-90	75-90	75-90	75-90

Our popular cotton-rich seamless cup bra offers a smooth profile, and comfortable all-day wear. Its reinforced side cup design offers enhanced support and a secure fit.

- The specially designed front band lining wraps the bottom band elastic in soft and breathable COOLMAX® for unsurpassed comfort
- Back-adjusting non-stretch straps for greater support
- Ideal style for leisure, active wear, during and following radiation treatments
- Molded seamless and moisture wicking extended COOLMAX® pockets for comfort and breathability

4028 | Amelia

Style: Softcup
Profile: Shallow to Average
Colors: White, Latte, Black

CUP	A	B	C	D
IN	34-40	32-42	32-40	34-40
CM	75-90	70-95	70-90	75-90

An attractive and seamless soft cup style with mold-to-body spacer fabric presents a flawless profile and modern look. The beautiful patterned lace accents the center, bottom band and back.

- Elastic at the neckline and underarm offer superior comfort and secure fit
- Back-adjusting elastic straps and hook closure
- Molded seamless and moisture wicking extended COOLMAX® pockets for comfort and breathability

4010 | Christina

Style: Softcup
Profile: Shallow to Average
Colors: White, Nude

CUP	AA	A	B	C	D
IN	32-40	32-40	32-40	32-40	34-40
CM	70-90	70-90	70-90	70-90	75-90

Smooth all-over lace seamless soft cup bra for a feminine look and comfortable support. The wide cushioned elastic shoulder straps alleviate pressure for all-day comfort.

- Soft elastic at the neckline and underarm offer a secure fit
- Virtually invisible under clothing
- Wide cushioned elastic shoulder straps
- Molded seamless and moisture wicking extended COOLMAX® pockets for comfort and breathability

4029 | Leah

Style: Softcup
Profile: Shallow to Average
Colors: White, Latte

CUP	AA	A	B	C	D
IN	34-38	32-40	32-40	34-40	34-38
CM	75-85	70-90	70-90	75-90	75-85

This smooth seamless style with fashion forward front double straps provides an appealing, supportive and flawless appearance.

- Feminine swirl jacquard microfiber stretch fabric is form fitting and comfortable
- Soft elastic at neckline and underarm offer a secure fit
- Back-adjusting non-stretch straps for added support
- Molded seamless and moisture wicking extended COOLMAX® pockets for comfort and breathability

Perfectly Seamless

4018 | Phoebe

Style: Softcup
Profile: Shallow to Average
Colors: White, Nude

CUP	A	B	C	D
IN	34-40	34-40	34-40	34-40
CM	75-90	75-90	75-90	75-90

Wonderfully smooth and silky microfiber fabric for a natural shape and comfortable support. Its seamless molded cups provide a perfectly smooth silhouette under fitted clothing.

- Soft elastic at the neckline and underarm offer a secure fit
- Wide cushioned elastic shoulder straps for comfortable all-day wear
- Molded seamless and moisture wicking extended COOLMAX® pockets for comfort and breathability

4013 | Alexandra

Style: Molded Foam
Profile: Average
Colors: White, Latte, Black, Sandstone, Amethyst

CUP	A	B	C	D	DD
IN	34-42	34-44	34-42	34-40	34-38
CM	75-95	75-100	75-95	75-90	75-85

Our number one selling seamless style features a full coverage foam cup that offers security and modesty; it boasts Trulife's exclusive foam cup design, ensuring a natural shape and perfect complement to triangular shaped breast forms.

- Lightweight two-way stretch powernet fabric at sides and back provides amazing all-day support
- Back-adjusting elastic straps and hook closure
- Moisture wicking extended COOLMAX® pockets with underarm opening for comfort and breathability

4033 | Daniela

Style: Molded Foam
Profile: Average
Colors: White, Nude, Black

CUP	A	B	C	D	DD
IN	34-42	34-44	34-42	34-40	34-38
CM	75-95	75-100	75-95	75-90	75-85

Multiway convertible style with an elegant dotted mesh overlay for a touch of luxury and fashion, accented with a sparkling heart-shaped rhinestone.

- Wear it with conventional wide-set straps, backless as a halter, or crisscrossed in the back
- Full coverage foam cups offer every day comfort and a secure fit
- Back-adjusting elastic straps and hook closure
- Comfortable and breathable, moisture wicking extended COOLMAX® pockets

Perfectly Seamless

273 | Olivia

Style: Softcup
Profile: Average to Full
Colors: White, Nude, Black

CUP	A	B	C	D
IN	34-40	34-40	34-40	34-38
CM	75-90	75-90	75-90	75-85

The stylish engineered floral knit fabric of this seamless cup design provides all-in-one support and beauty.

- Elasticized neckline and underarm area offers softness and security
- Back-adjusting non-stretch straps and hook closure
- Breathable, seamless and comfortable extended mesh pockets

4008 | Audrey

Style: Underwire
Profile: Shallow to Average
Colors: White, Latte, Black

CUP	B	C	D	DD
IN	34-42	32-42	34-42	34-42
CM	75-95	70-95	75-95	75-95

A favorite in our seamless category! Its elegant look and seamless underwire cup with mold-to-body spacer fabric provide that desired flawless shape. The lovely lace accents at the center, bottom band and back add a touch of luxury and fashion.

- Elastic at the neckline and underarm offer superior comfort and secure fit
- Back-adjusting elastic straps and hook closure
- Molded, breathable and seamless extended mesh pockets for coolness and comfort

4009 | Lana

Style: Underwire
Profile: Average to Full
Colors: White, Latte, Black

CUP	B	C	D	DD
IN	34-44	34-44	34-44	34-42
CM	75-100	75-100	75-100	75-95

This seamless and supportive underwire bra with pretty jacquard microfiber is lightly textured with an exquisite shimmering swirl design; the wonderful stretch fabric provides ultimate comfort and the desired flawless look under fitted clothing.

- Soft elastic at the neckline and underarm offers the needed secure fit
- Natural and modern shape
- Back-adjusting non-stretch straps give added support
- Molded seamless and moisture wicking extended COOLMAX® pockets for comfort and breathability

4002 | Lily

Style: Underwire
Profile: Average to Full
Colors: White, Nude, Black, Powder Pink

CUP	A	B	C	D
IN	34-40	34-40	34-40	34-38
CM	75-90	75-90	75-90	75-85

This silky-soft allover microfiber fabric feels exceptionally comfortable for that all-day comfort. The seamless, two-ply molded cups with unique flexible underwire offer a supportive and natural shape.

- Elasticized trim at neckline for a secure fit
- Back-adjusting non-stretch straps and hook closure
- Breathable, molded seamless extended mesh pockets for coolness and comfort

210 | Barbara

Style: Softcup
Profile: Shallow to Average

Colors: White, Nude, Latte*, Black

CUP	A	B	C	D	DD	DDD/E
IN	32-42	32-52	34-52	34-52	34-48	34-48
CM	70-95	70-120	75-120	75-120	75-110	75-110

Colors: Powder Pink, Sandstone°, Amethyst, Midnight Blue,* Chocolate

CUP	A	B	C	D	DD	DDD/E
IN	34-42	34-44	34-48	34-48	36-48	36-46
CM	75-95	75-100	75-110	75-110	80-110	80-105

**pictured below; °main photo*

Our best-selling style! Four core colors and several fashion colors make this a favorite. A popular seamed style offers unparalleled support, and is highlighted with a lace trim that accentuates its loveliness.

- Extremely versatile fit
- Back-adjusting elastic straps and hook closure
- Soft and breathable moisture wicking COOLMAX® pockets for coolness and comfort

4019 | Jessica

Style: Softcup
Profile: Shallow to Average
Colors: White, Nude, Black, Powder Pink, Amethyst

CUP	A	B	C	D	DD	DDD/E
IN	34-42	34-44	34-48	34-48	36-48	36-46
CM	75-95	75-100	75-110	75-110	80-110	80-105

An absolute favorite for its fashionable and preferred style featuring a built-in lacy camisole panel tailored to give you all-day security and comfort. Seamed soft cup design offers excellent support. An absolute favorite!

- Lace accents and lace camisole panel for an exceptionally feminine style
- Back-adjusting elastic straps and hook closure
- Pockets feature COOLMAX® fabric that manages moisture to help keep you cool and dry

4015 | Gabriella

Style: Softcup
Profile: Shallow to Average
Colors: White, Latte

CUP	A	B	C	D	DD	DDD/E
IN	34-42	34-44	34-48	34-48	36-48	36-46
CM	75-95	75-100	75-110	75-110	80-110	80-105

The soft, rose-embossed fabric of this soft cup style provides feminine beauty and a flirtatious look, with plenty of all-day comfort.

- Back-adjusting elastic straps and hook closure
- Comfortable and breathable, moisture wicking extended COOLMAX® pockets

Stylish Fit

410 | Katrina

Style: Softcup
Profile: Shallow to Average
Colors: White, Nude

CUP	AA	A	B	C	D
IN	34-38	34-42	34-44	34-44	34-44
CM	75-85	75-95	75-100	75-100	75-100

Beauty is what you see and remarkable support is what you get with this floral jacquard seamed soft cup with light fiberfill for shaping. Elasticized neckline and underarm finish convey superior comfort and shape.

- Non-stretch side panels offer additional underarm support
- Back-adjusting elastic straps and back-hook closure
- Comfortable and breathable, moisture wicking extended COOLMAX® pocket

412 | Linda

Style: Softcup
Profile: Shallow to Average
Colors: White, Nude

CUP	A	B	C	D
IN	34-42	34-44	34-44	34-38
CM	75-95	75-100	75-100	75-85

Enjoy full comfort and support with this lace embellished bra. Fashionable shape-conforming lace and soft microfiber seamed cup are combined to create a beautiful fit. A pretty and practical style!

- Wire-free design defines curves and enhances comfort
- Back-adjusting non-stretch straps and hook closure
- Breathable extended mesh pockets for coolness and comfort

212 | Bethany

Style: Softcup
Profile: Shallow to Average
Colors: White, Nude

CUP	B	C	D	DD
IN	34-42	34-44	34-44	34-44
CM	75-95	75-100	75-100	75-100

No more struggles with difficult to reach hooks! The front and back closures of this lovely lace accent soft cup bra make it so easy to get on and off, while still allowing adjustability with the back-hook closure. The soft cups and wide cushioned spacer fabric shoulder straps give you plenty of all-day comfort.

- Back-adjusting elastic straps and hook closure
- Breathable, COOLMAX® padded straps and extended pockets for increased comfort

202 | Mandy

Style: Softcup
Profile: Average to Full
Colors: White, Nude

CUP	A	B	C	D	DD
IN	36-38	36-42	36-46	38-48	38-48
CM	80-85	80-95	80-105	85-110	85-110

This perfect three-quarter length soft cup style boasts criss-cross support bands in the back for great posture control. It features a convenient adjustable front-hook closure for easy dressing. Its non-stretch side panel offers additional coverage and support.

- Excellent choice for women with limited upper body mobility, arthritis or lymphedema
- Wide 1" adjustable elastic straps offer shoulder relief for full figured ladies
- Comfortable and breathable, moisture wicking COOLMAX® pockets

Shaped Support

297 | Rose

Style: Softcup
Profile: Average to Full
Colors: White, Nude

CUP	B	C	D	DD	DDD/E
IN	34-42	34-46	36-48	36-48	36-48
CM	75-95	75-105	80-110	80-110	80-110

Bring a little glamour into your day-to-day with this lovely embossed soft cup bra that will delight you! It has the full coverage and support you need with its non-stretch side panel and wide strap design.

- Lightly padded fiber-filled cups offers a uniform and shapely fit
- Wide back-adjusting elastic straps disperse pressure points and are gentle on the shoulders
- Comfortable and breathable, moisture wicking extended COOLMAX® pockets

190 | Irene

Style: Softcup
Profile: Average to Full
Colors: White, Nude, Black

CUP	A	B	C	D	DD
IN	34-38	34-42	34-46	34-48	36-46
CM	75-85	75-95	75-105	75-110	75-105

As our best-selling style in our shaped support category, this beautiful classic lace accented and full support soft cup bra provides a great fit! The non-stretch reinforced side panels help to contain tissue for an exceptionally smooth shape.

- Two-way stretch powernet fabric for unparalleled support
- Wide, back-adjusting elastic straps distribute pressure on the shoulders
- Comfortable and breathable, moisture wicking COOLMAX® pockets

420 | Kate

Style: Softcup
Profile: Average to Full
Colors: White, Nude

CUP	A	B	C	D	DD	DDD/E
IN	34-40	34-44	34-44	34-48	34-48	38-46
CM	75-90	75-100	75-100	75-110	75-110	75-105

Preferred style in our shaped support category! Get the uplift, comfort and support needed with this M-frame shape style, without the need of a wire. The beautiful embroidery, wide straps and firm support make it a winning combination.

- Non-stretch reinforced side panels offer extra coverage and support
- Wide back-adjusting non-stretch straps for additional support
- Comfortable and breathable, moisture wicking extended COOLMAX® pockets

290 | Isabel

Style: Softcup
Profile: Average to Full
Colors: White, Nude

CUP	B	C	D	DD
IN	34-42	34-46	34-48	36-48
CM	75-95	75-105	75-110	80-110

Opt for a feminine look underneath it all, with our scalloped embroidered lace soft cup style. The full cups ensure a comfortable fit to give you a supportive and uniform silhouette.

- Non-stretch reinforced side panels offer additional support
- Back-adjusting elastic straps and hook closure
- Breathable, comfortable and moisture wicking COOLMAX® pockets

331 | Sara

Style: Softcup
Colors: White

CUP	A/B	C/D
IN	34-44	34-44
CM	75-100	75-100

Our cotton-rich activity softcup with front closure offers the support and style needed for an active lifestyle. Featuring shaped cups and a wide supportive under band for comfort, confidence and security.

- Flat and comfortable seams
- COOLMAX® back panel wicks away moisture and allows air to circulate
- Adjustable non-stretch T-back straps
- Breathable and comfortable moisture wicking extended COOLMAX® pockets

330 | Sophia

Style: Softcup
Colors: White, Grey, Black

CUP	A/B	C/D
IN	34-44	34-44
CM	75-100	75-100

This favorite sports bra offers the comfort and breathability of cotton-rich fabric and gives just the right amount of lift and support for any workout routine. Lightly-cushioned shoulder straps with COOLMAX® lining for enhanced comfort.

- Smooth supportive bottom band and non-stretch reinforced side panels
- Back-adjusting non-stretch straps for added support
- Breathable and comfortable moisture wicking extended COOLMAX® pockets

327 | Charlotte

Style: Softcup
Colors: White, Nude

CUP	A/B	C/D
IN	32-46	32-46
CM	70-105	70-105

This superiorly comfortable microfiber stretch soft cup is ideal for post-surgery and leisure wear. The front closure is preferred by women with limited upper body mobility, arthritis or lymphedema.

- Back-adjusting camisole style elastic straps
- Super soft, extended microfiber pockets

603 | Jennifer

Sizes: S, M, L, XL, 2XL, 3XL
Colors: White, Ivory, Black

This super soft and best quality camisole is easy to get on and off with its step-in design. The beautiful lace appliqué offers modesty and security. An essential wardrobe item for wear under tees, shirts, dresses and blouses.

- Relaxed fit at the hips
- For post-surgery, leisure and every day wear
- Includes two fiber-filled breast forms and two detachable drain bulb pouches
- An inner shelf panel holds the fiber-filled forms in place

Accessories

Trulife offers a variety of accessories to enhance the comfort and appearance for post breast surgery bra and breast form fittings. Our Comfy Straps are an absolute favorite for all bra fittings!

Comfy Straps

C0097 (Clear), N0097 (Nude): 1 Pair—*UK, Ireland, Intl only*
C0096 (Clear), N0096 (Nude): 20 Pairs—*USA and Canada only*
C0098 (Clear), N0098 (Nude): 60 Pairs—*USA and Canada only*

- Eliminates strap slippage and eases shoulder discomfort
- Soft, translucent silicone shapes to the shoulder
- Discreet under clothing and easy to apply to bra straps

Secrets

Breast Enhancer

812 (Clear), 810 (Nude): 1 Pair

- Instantly creates fullness and cleavage, without surgery
- Anatomically curved and tapered to hug the breast
- Safe, comfortable and secure method for breast enhancement
- Ideal for underwire, push-up and plunge bras in B to DD cup sizes
- Packaged one pair per unit; size 1, 2 and 3

Breast Form Covers

Specify breast form model and size when ordering

- Most available in light and dark tone
- Replacement covers
- Sized to match breast form
- Two units per package

Camisole Inserts

W94 (White), N94 (Nude)

- Beautiful lace camisole-style bra inserts
- Provides added bra coverage and modesty
- Can be sewn into neckline of most bras
- Packaged two per unit; one size

Bra Extenders

Please call Trulife Customer Service for availability

TruKleen

00008
16 oz. Bottle

- Recommended to clean Trulife bras, breast forms and breast form covers
- Delicate wash suitable for cold and warm water
- Thoroughly cleanses and extends the life of elasticized fabrics
- Six bottles per case

It Stays

00005
2 oz. Bottle

- Water-soluble body adhesive
- Roll-on applicator top
- Twelve bottles per case

Gayle

Being diagnosed with breast cancer at age 30 while living a very healthy and active lifestyle was more confusing than it was terrifying. But there was a purpose for my illness and I chose to embrace the calling of being a living testament to the life, love and opportunities we can have after cancer. Even if you're not sick or never had cancer, these are the very moments of your life, and that is really all we have. Live a life you are proud of.

Hobbies and Passions: I have been the ultimate tomboy my entire life; therefore I enjoy all things outdoors, like tent camping, riding dirt bikes, throwing a football and catching snakes. I also operate at the other end of girly-ness trading in boots for high heels and one-of-a-kind masterpieces on the runway. I love cooking all kinds of foods, but the real joy for me is teaching my two boys the art of putting their hearts into creating dishes that nourish the body and soul.

Breast Forms

Trulife silicone breast forms are designed to be worn by women of all ages, surgery types and lifestyles. Our breast forms are available in an extensive range of shapes, sizes, textures and weights to ensure every woman can find the breast form that best suits her needs. A little care and attention will ensure long-lasting comfort and satisfaction.

To clean a silicone breast form, hand wash gently in lukewarm water with a mild soap such as TruKleen. Dry with a soft towel, do not wring or rub. Avoid using powders, perfumes or hot water directly on the breast form. Care should be taken to avoid sharp objects that may damage the breast form.

Routine Cleaning of the Impressions and Sublime Prosthesis

Wash the prosthesis as often as required by following the steps below:

1. Apply a pea size amount of antimicrobial soap to a wet cloth and use this to wash the breast form, front and back. Wipe with a dry cloth.
2. Alternatively use an antimicrobial wipe.
3. As often as needed, bathe the breast form by submerging in warm water and soap.
4. The honeycomb core of your Impressions or Sublime product will retain water. To extract this water, place the back of the breast form on an absorbent towel and press firmly downwards. Repeat and leave to dry overnight, with the aerated back facing up.
5. To further enhance the silky soft feel, you may wish to apply talc evenly over the front of the breast form.

It is important to wear the correct size bra that fits properly and does not force the breast form into a different shape. This may cause the breast form to crease or permanently damage the breast form.

Most Trulife breast forms are supplied with a soft breast form cover. It is important to handle the breast form gently when inserting and removing it from the cover or pocket of the bra. Repeated squeezing or pulling may cause damage over time.

When not wearing the breast form, store it in the original packaging and cradle provided, away from heat. This will allow the breast form to maintain its shape and prevent accidental harm.

Bras

Trulife bras feature quality fabrics, components and construction. We recognize that every woman is an individual with unique needs and desires. This is why our wide selection of styles and sizes are specifically designed to incorporate features that accommodate specific needs after breast surgery.

Proper care will prolong the life of Trulife bras and provide lasting comfort, security and an overall natural look and feel. We recommend hand washing in warm water with mild soap such as TruKleen. Hang dry for best results. Avoid use of fabric softeners when bra contains COOLMAX® fabric.

With proper care, your Trulife bra will beautifully support and secure your breast form, for a natural, feminine look.

Notes

Notes

Laura

Diagnosed in the spring of 2011 with stage 3 breast cancer which had spread to my lymph nodes, I was stunned! I am a mother of two young sons and wife to a wonderful man. There was no alternative than to survive, and with that, I fought, and continue to do so mentally every day. Cancer is quite a challenge to come through. It has changed me forever. However, I AM HERE, my scans are clear, and I can embrace a lot of joy in front of me!

Hobbies and Passions: I enjoy the outdoors, walking and hiking, yoga and meditation. My passion is art, art history, galleries and museums, painting/pastels, watching movies as well as interior design.

Claudia

When diagnosed with breast cancer at age 52, I was devastated, but not completely surprised. I had seen changes in the appearance of my nipple months earlier, but was neither knowledgable enough to suspect cancer, nor brave enough to seek timely screening and treatment. That ignorance and fear cost me my left breast. Ironically, this all took place while I was working with Trulife to help complete their 2013 Breastcare Catalog.

Two years later, when Trulife asked me to design a new catalog using real breast cancer survivors who actually use and love their products instead of professional models, I was a bit apprehensive. But when I started placing the final images and text, I was so touched by the simple beauty of these women and by their words, that I knew this piece would turn out to be something special. I'm thankful for the opportunity to have been part of this project.

Notes

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