

Measure around the bend of the knee.

S fits 10.0 - 12.75 in.
25.4 - 32.4 cm

M fits 13.0 - 15.75 in.
33.0 - 40.0 cm

L fits 16.0 - 18.75 in.
40.6 - 47.6 cm

XL fits 19.0 - 21.75 in.
48.3 - 55.2 cm