

| Sizes | Men's Shoe Size | Women's Shoe Size |
|-----------------------|------------------------|--------------------------|
| XSmall | N/A | Up to 2½ |
| Women's Small | N/A | 3 - 6 |
| Women's Medium | N/A | 6 - 8 |
| Women's Large | N/A | 8 - 9 |
| Men's Small | Up to 9 | 8½ - 10 |
| Medium | 9 - 10½ | 10 - 11½ |
| Large | 10½ - 12½ | 11½ and Up |
| XLarge | 13 and Up | N/A |