

Sizing Chart

| | Small | | Medium | | Large | |
|------------------------------|-----------------------------|---------------|----------------------------|---------------|-----------------------------|---------------|
| Ankle Circumference | 7"–8.5" (18–21.5cm) | | 8.5"–10" (21.5–25.5cm) | | 10"–11.5" (25.5–29cm) | |
| Calf Circumference | 11"–15.5" (28–39cm) | | 12.5"–17.5" (31.5–45cm) | | 14"–20" (35.5–51cm) | |
| Calf Length | Short | Long | Short | Long | Short | Long |
| | ≤16" (41cm) | >16" (41cm) | ≤16" (41cm) | >16" (41cm) | ≤16" (41cm) | >16" (41cm) |
| Thigh Circumference | 18"–26" (45.5–66cm) | | 19"–28.5" (48–73cm) | | 20.5"–33" (52–84cm) | |
| Leg Length | Short | Long | Short | Long | Short | Long |
| | ≤28.5" (72cm) | >28.5" (72cm) | ≤28.5" (72cm) | >28.5" (72cm) | ≤28.5" (72cm) | >28.5" (72cm) |
| Hip Circumference Guidelines | 32.5"–44.5" (83–112.5cm) | | 34.5"–50" (87–127cm) | | 38.5"–59.5" (98–150.5cm) | |
| Size | SS | SL | MS | ML | LS | LL |

Women's Shoe Sizes Short 5.5–9.5, Long 8–12

Maternity Hip Circumference Guidelines Small ≤56" (142cm), Medium ≤62" (157.5cm), Large ≤70" (178cm)