

## Measurement Chart for Therapeutic Sport Starter and Stride

Always measure the narrowest part of the ankle and the widest part of the calf.

ALBERTA  
Dr. Confort  
P.O.M.



	S/M	L/XL
ANKLE Circumference	7 - 9½" (18 - 23cm)	9½ - 11.5" (24 - 29cm)
CALF Circumference	12 - 16" (30 - 41)	15" - 19" (38 - 48)
AVERAGE shoe size <i>provided as a guide only</i>	Men 6 - 9 Women 7-10	Men 9½ - 12½ Women 10½-13