

Women's Sizing Chart

	Small			Medium			Large		X Large	
Ankle Circumference	7"-8.5" (18-21.5cm)			8.5"-10" (21.5-25.5cm)			10"-11.5" (25.5-29cm)		11.5"-14" (29-36cm)	
Calf Circumference	11"-15.5" (28-39cm)			12.5"-17.5" (31.5-45cm)			14"-20" (35.5-51cm)		16"-24" (41-61cm)	
Calf Circumference: Calf Plus w/Grip-Top	NA			15.5"-21" (39.5-53cm)			18"-24" (45.5-61cm)		20"-28" (51-71cm)	
Calf Length	Petite	Short	Long	Petite	Short	Long	Short	Long	Short	Long
	≤14" (35.5cm)	≤16" (41cm)	>16" (41cm)	≤14" (35.5cm)	≤16" (41cm)	>16" (41cm)	≤16" (41cm)	>16" (41cm)	≤16" (41cm)	>16" (41cm)
Thigh Circumference	18"-26" (45.5-66cm)			19"-28.5" (48-73cm)			20.5"-33" (52-84cm)		25"-37.5" (64-95cm)	
Leg Length: Women & Open Toe	Petite	Short	Long	Petite	Short	Long	Short	Long	Short	Long
	≤25.5" (65cm)	≤28.5" (72cm)	>28.5" (72cm)	≤25.5" (65cm)	≤28.5" (72cm)	>28.5" (72cm)	≤28.5" (72cm)	>28.5" (72cm)	≤28.5" (72cm)	>28.5" (72cm)
Hip Circumference Guidelines	32.5"-44.5" (83-112.5cm)			34.5"-50" (87-127cm)			38.5"-59.5" (98-150.5cm)		NA	
Size	SP	SS	SL	MP	MS	ML	LS	LL	XS	XL
Calf Plus w/Grip-Top					MS/P	ML/P	LS/P	LL/P	XS/P	XL/P

Women's Shoe Sizes: Petite Leg 4-8,
Short Leg 5.5-9.5, Long Leg 8-12

Plus (Maternity) Hip Circumference Guidelines

Small ≤56" (142cm), Medium ≤62" (157.5cm), Large ≤70" (178cm)