

## Sizing

<b>Ankle circumference</b>	<b>small</b> 7"–8.5" (18–21.5cm)		<b>medium</b> 8.5"–10" (21.5–25.5cm)		<b>large</b> 10"–11.5" (25.5–29cm)	
<b>Calf circumference</b>	<b>small</b> 11"–15.5" (28–39cm)		<b>medium</b> 12.5"–17.5" (31.5–45cm)		<b>large</b> 14"–20" (35.5–51cm)	
<b>Calf length</b>	<b>short</b> ≤16" (41cm)	<b>long</b> >16" (41cm)	<b>short</b> ≤16" (41cm)	<b>long</b> >16" (41cm)	<b>short</b> ≤16" (41cm)	<b>long</b> >16" (41cm)
<b>Thigh circumference</b>	<b>small</b> 18"–26" (45.5–66cm)		<b>medium</b> 19"–28.5" (48–73cm)		<b>large</b> 20.5"–33" (52–84cm)	
<b>Leg length</b>	<b>short</b> ≤28" (72cm)	<b>long</b> >28" (72cm)	<b>short</b> ≤28" (72cm)	<b>long</b> >28" (72cm)	<b>short</b> ≤28" (72cm)	<b>long</b> >28" (72cm)
<b>Hip Circumference Guidelines</b>	<b>&lt;45.5"</b> ( <b>&lt;115cm</b> )		<b>&lt;51"</b> ( <b>129.5cm</b> )		<b>&lt;60.5"</b> ( <b>154cm</b> )	
<b>Size</b>	<b>SS</b>	<b>SL</b>	<b>MS</b>	<b>ML</b>	<b>LS</b>	<b>LL</b>

**Women's Shoe Sizes:** Short 5.5–9.5, Long 8–12