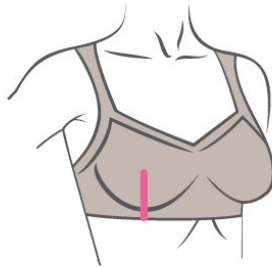


SIZE GUIDE FOR RECOVERY CARE **amoena**

Bra Band Size	Garment Size	Letter Size
30	4	XS
32-34	6	S/M
32-34	8	S/M
36-38	10	M/L
36-38	12	M/L
40-42	14	L/XL
40-42	16	L/XL
44-46	18	XL/2XL
44-46	20	XL/2XL
48	22	2XL/3XL
50	24	2XL/3XL
52	28	2XL/3XL



Measure from the center of your bra cup, right at the nipple, starting at **0** on the measuring tape. Extend the tape down to the center of the bra band.

Cup Measurement	Cup Size
< 1"	AA
1"	A
2"	B
3"	C
4"	D
5"	DD
6"	DDD
7"	F
8"	G
9"	H