

Sizing Chart

143	Women's Shoe	5-7	7.5-9.5	10-12
	Ankle Circumference	7"-9" (18-23cm)	7.5"-10" (19-25cm)	8"-10.5" (20-27cm)
183	Men's Shoe	6.5-8.5	9-11	11.5-14
	Ankle Circumference	7.5"-10" (19-25cm)	8"-10.5" (20-27cm)	8.5"-11.5" (21-29cm)
Size		A	B	C